

# Trauma-Informed Educational Practices(TI-EP) Initiative Kenmore-Tonawanda School District

The Institute on Trauma and Trauma-Informed Care
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# Ken-Ton TI-EP Initiative: 3-Year Project

- Evaluation (baseline, midpoint & post)
- Training, consultation & coaching for teachers, staff and community across the School District
- Administrative/leadership coaching
- Development of an internal "TI-EP Champion Team"



# Those amongst us

Real story....



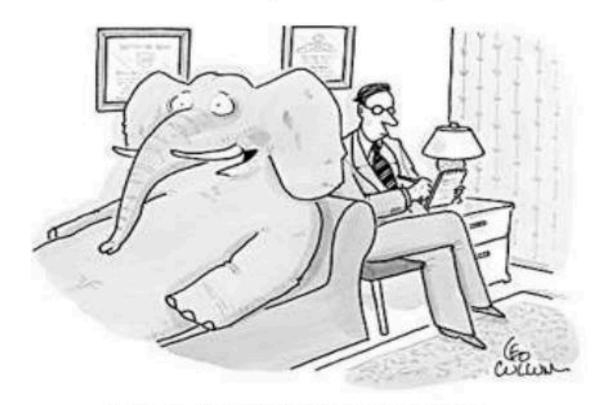
Family member of war veteran Medical trauma Being shot at... **Domestic Violence** PTSD of family member Body image issues Financial struggles 13+ moves across the world Substance use (personal) Bullying Stabbing Physical/Sexual abuse Physical deformity Self harm Emotional abuse Police brutality Substance using parents Death in the family Survivors guilt Complex trauma Neglect Divorce Gang violence (7 friends lost) Incarcerated parents Family dysfunction Homelessness Observing traumatized family members struggle

Raid – witnessing arrest of family member

Child welfare system

Having gun put to my head

# On Becoming Trauma Informed



"I'm right there in the room, and no one even acknowledges me."

#### Three Levels of Trauma Practice

**Trauma-Informed** – universal precaution; 5 guiding values/principles

Trauma Sensitive – screening/assessing; preventing re-traumatization

**Trauma Specific** – evidence-based, trauma treatment interventions

#### Trauma-Informed Evaluation

 ITTIC's research team will continuously assess your organization's climate and procedures for alignment with TIC

- The assessment will:
  - o Identify strengths in the organization
  - o Provide work-unit specific data
  - o Monitor progress over time

#### **Trauma-Informed Evaluation Instruments**

- The TIC Climate (34 Items assesses perception of KENTON climate concerning the five dimensions of TIC –
  - Safety,
  - Trustworthiness,
  - Choice,
  - Collaboration and
  - Empowerment.
- Since prior work with varying types of agencies has suggested that High scores on these scales are related to increased compassion satisfaction and increased organizational commitment, as well as decreases in burnout and secondary traumatic stress, in tracking across time we can see how staff are influenced by the training.

#### **Trauma-Informed Evaluation Instruments**

- The TIC Procedures Assessment (Shortened for Kenton 48 items) covers the following areas:
  - Support for staff development training;
  - Staff development supervision, support and self-care;
  - Privacy and Confidentiality;
  - Open and Respectful Communication;
  - Consistency and Predictability;
  - Delivering Services around Trauma;
  - Involvement of students and Families in planning process;
  - Policy Creation;
  - Review of Policies;
- As with the Climate Measure tracking across time will allow us to assess how the behaviors may have shifted as a function of the training.

#### **Trauma-Informed Evaluation Instruments**

- Organizational Readiness to change 12 Items covers the following:
  - Acceptability of Intervention
  - Intervention Appropriateness
  - Feasibility of Intervention
- This will provide us with whether specific schools are more or less ready for this type of intervention can lead to discussion of ordering how we implement potentially looking to allay fears and provide information concerning the content and impact on the individual.

## **Evaluation Procedures**

- The intention of ITTIC is to do the surveys at the beginning, midpoint (Year two) and end point (end of Year 3).
  - Staff, Students, and Parents will be receiving surveys
- We will track changes across time in the three measures to see if training has influenced perceptions of the school system.
- We will also assess the performance indicators that the Tower Foundation may request.

#### **Tower Foundation Performance Indicators**

#### **QUANTITY INDICATORS**

# of disciplinary referrals

# of staff trained (by area)

# of trainings

# of trauma champion/mentor team meetings

# of trauma education presentations at PTA meetings

# of parents attending trauma education presentations at PTA meetings

# of focus groups conducted regarding trauma awareness

# of students responding to trauma survey

#### **QUALITY INDICATORS**

% of parents/teachers/staff

/administrators/students demonstrating trauma awareness

% of staff trained (by area)

% of parents/teachers/staff

/administrators reporting satisfaction with training

% of parents/teachers/staff

/administrators reporting that they are likely to use what they've learned from trainings/presentations

% of parents showing awareness of trauma-informed practices in schools

## **Tower Foundation Performance Indicators**

Is anybody Better off

#/% of disciplinary referrals resolved in a trauma-sensitive manner

#/% of teacher-student interactions reflecting trauma-sensitivity

#/% of absentee days (total counts, not individualized)

#/% of students succeeding academically

#### Our Research

- The five values of TIC are strongly correlated and share an underlying dimension
- Intervention in any one five values will have an effect on the others



#### **Outcome Studies**

- Implementing TIC has been associated with:
  - Improvements in staff satisfaction
  - Reductions in unplanned discharges
- The five values of TIC have been:
  - Positively associated with organizational commitment and compassion satisfaction, and
  - Negatively associated with burnout and secondary traumatic stress

## **Correlations**

**Table 1.** Selected Correlations of TIC Constructs and Outcome Variables (N=197).

Variable	Burnout	Secondary Traumatic Stress	Compassion Satisfaction	Organizational Commitment
Safety	433**	365**	.472**	.540**
Trust	409**	260**	.378**	.593**
Choice	382**	208**	.466**	.624**
Collaboration	360**	221**	.348**	.623**
Empowerment	399**	287**	.455**	.658**

*Note.* \*\* *p* < .01.



Trauma-Informed Educational Practices In Action...

Trust/
collaboration
Passion for
Excellence

Trust/
Safety/Collaboration/
Choice
Respect for
all

Trust/
Empathy

Trust/Safety

Integrity/ Teamwork

Collaboration/ Empowerment